## Sree Chitra Tirunal Institute for Medical Sciences & Technology, Thiruvananthapuram-695011 Written test: MFCP –Staff Nurse A to B

| 27 <sup>th</sup> | Jun.  | 2014         |
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- 1. Choose the false statement related to management of patients with ruptured cerebral aneurisms
  - a) Monitor vital signs for hypertension & disrythmia
  - b) Take rectal temperature only
  - c) Give stool softeners to prevent straining for stool
  - d) Limit invasive procedures.
- 2. Bell's palsy is the paralysis of the nerve
  - a) Trigeminal nerve
  - b) Facial nerve
  - c) Optic nerve
  - d) Occulomotor nerve
- 3. Mr X has taken NPH Insulin at 8am. Its effect starts
  - a) Between 8 30am 9am
  - b) Between 9am-10am
  - c) Between10am and 11am
  - d) Between 2pm 3pm
- 4. To meet the safety needs of a patient who has received thrombolytic therapy, the nurse should ......
  - a) institute protective isolation
  - b) maintain complete bed rest
  - c) limit intramuscular injections
  - d) supply affirm-bristled toothbrush
- 5. Common manifestation of acute left ventricular failure is---
  - a) Dependent edema
  - b) Dyspnoea and cough with frothy sputum
  - c) Chest pain
  - d) Sudden loss of consciousness
- 6. Complications of atrial fibrillation is caused by
  - a) Stasis of blood
  - b) Increased cardiac output
  - c) Irregular rhythm
  - d) Decreased cardiac output

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- 7. Mr X developed Quadraplegia following a diving accident. The most likely cause is
  - a) C4 injury
  - b) T3injury
  - c) L3 injury
  - d) T6 injury
- 8. The ideal storage temperature of Plasma Rich Platelets are
  - a) 2 -6 Degree Celsius
  - b) 20-22 Degree Celsius
  - c) <2Degree Celsius
  - d) -80 Degree Celsius
- 9. Choose the false statement related to medical Imaging Technology.
  - a) X rays are sufficient to detect fine details of objects like bone and lungs
  - b) CT scan has increased ability to see the soft tissues
  - c) Nuclear magnetic resonance has no Radiation risk
  - d) Echo cardiogram is a radio isotope image
- 10. Early manifestation of Head injury in an infant is
  - a) Nausea

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- b) Bradi cardia
- c) Bulging of Fontanels
- d) Tachy cardia
- 11. Dcerebrate posturing can be described as
  - a) Flacid paralysis of all extremities
  - b) Abduction of arms at the level of shoulders
  - c) Rigid extension and pronation of arms and legs
  - d) Abnormal flexion of the upper extremities
- 12. Patients on steroid are at risk for developing
  - a) Hyponatremia
  - b) Hypoglycemia
  - c) Hypercalcimia
  - d) Hyperglycemia
- 13. The most effective precaution for the prevention of myasthenic and cholinergic crises is
  - a) Eating large and well balanced meals
  - b) Doing muscle strengthening Exercises
  - c) Do all work early in the day
  - d) Taking medications on time and without fail

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- 14. First drug of choice for management of status epilepticus is
  - a) Inj Diazepam
  - b) Inj Phenytoin sodium
  - c) Inj Lorazepam
  - d) Inj Sodium valproate
- 15. Infectious agent commonly transmitted through blood transfusion
  - a) Hepatitis A
  - b) Malaria
  - c) pin worms
  - d) Tape worms
- 16. Which drug is effective for management of supraventricular tachycardia?
  - a) Atropine
  - b) Adenosine
  - c) Adrenaline
  - d) Phenytoin sodium
- 17. While caring for patients with tracheostomy, as a safety precaution, which of the following should be kept at bedside.
  - a) Keep tracheal dilators and obturator at bedside
  - b) Keep larger or same sized tracheostomy tubes at bedside
  - c) Ventilator should be ready at bedside
  - d) Keep tracheal dilators and ambu bag at bedside
- 18. At what time after Myocardial Infarction, CPK-MB will rise?
  - a) After 6 hrs
  - b) After 24-36 hrs
  - c) After 72 hrs.
  - d) After 3-5 days
- 19. Recommended PCo2 range for hyperventilation to reduce ICP is
  - a) 25-30 mm of Hg
  - b) <20 mm of Hg
  - c) 35-40 mm of Hg
  - d) >80 mm of Hg
- 20. Which is the primary consideration when preparing to administer thrombolytic therapy to a patient who is experiencing an acute myocardial infarction (MI)?
  - a) History of heart disease
  - b) Sensitivity to Aspirin
  - c) Size and location of the MI
  - d) Time since onset of symptoms

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- 21. During an infusion of thrombolytic therapy for patient with myocardial Infarction which sign suggests lysis of clots in the patient's coronary artery?
  - a) Bleeding from needle puncture sites
  - b) Dysrhythmias
  - c) Facial flushing
  - d) T-wave inversion on the ECG monitor
- 22. The purpose of water in the water seal chamber of a chest drainage system is to ......
  - a) Foster removal of chest secretion
  - b) prevent the entrance of air into the pleural cavity
  - c) facilitate emptying of bloody drainage from the chest
  - d) decrease the danger of sudden change of pressure within the tube
- 23. The most significant contra indication for administration thrombolytic drug is
  - a) Extra stock of the drug is not available
  - b) Patient is on nil orally for >4hours
  - c) Patient is on hypoglycemic drugs
  - d) Patient had undergone surgery within two weeks
- 24. The immediate response of the nurse on hearing the low pressure alarm on ventilator should be
  - a) Administer Oxygen
  - b) Check vital signs
  - c) Call the anesthetist
  - d) Initiate manual ventilation
- 25. The priority nursing action to a patient admitted with Diabetic keto acidosis is to
  - a) Start Ryle's tube feeding
  - b) Administer 5% Dextrose Intravenously
  - c) Administer regular insulin intravenously
  - d) Monitor Electro cardiogram
- 26. During rescue breathing in CPCR the victim will exhale by
  - a) Normal relaxation of the chest
  - b) Gentle pressure of the rescuer's hand on the upper chest
  - c) Pressure of cardiac compression
  - d) Turning the head to the side
- 27. Arterial blood gas result showing pH 7.3 and PCo2 45mm of Hg can be interpreted as
  - a) Normal
  - b) Respiratory Acidosis
  - c) Metabolic acidosis
  - d) Respiratory alkalosis

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- 28. CPR Guideline (2010) recommends that on diagnosis of cardiac arrest ,the first action to be initiated is
  - a) Give two breaths and initiate chest compressions and respiration at 30:2 ratio
  - b) Initiate chest compressions and respiration at 30:2 ratio
  - c) Give 200 chest compressions uninterruptedly
  - d) Give four breaths and initiate chest compressions and respiration at 30:2 ratio
- 29. Aura can be defined as
  - a) Post seizure state of amnesia
  - b) Hallucinations during seizure
  - c) premonition of an impending seizure
  - d) Feeling of relaxation as the seizure begins to subside
- 30. Which one of the following statements is not correct?
  - a) Fresh frozen plasma is infused within two hours of thawing
  - b) Fresh frozen plasma is administered to increase the level of clotting factors
  - c) Fresh frozen plasma is platelet rich
  - d) Fresh frozen plasma is infused over a period of 15-30 minutes
- 31. How many milliliters per hour are required to administer1000 units of Heparin per hour from 500ml of D5W with 20,000 units of inj Heparin?
  - a) 25ml/hour
  - b) 40ml/hour
  - c) 2.5ml/hour
  - d) 16ml/hour
- 32. How many milliliters of NS per hour are required to administer10 units of Insulin per hour from 500ml of NS with 50 units of inj Insulin?
  - a) 50ml/hr
  - b) 20ml/hr
  - c) 25ml/hr
  - d) 10ml/hr
- 33. Inj Cefuroxime Sodium 1g in 50ml, Normal saline is to be administered over 30 minutes. How many drops/minute is required (1ml =15drops).
  - a) 25
  - b) 16
  - c) 30
  - d) 12
- 34. A Four year old child is brought to the OPD after a fall from a bicycle. Assessment of raised ICP include
  - a) Bulging of anterior fontanel

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- b) Repeated vomiting
- c) Bluish swelling on the forehead
- d) Pain on moving the right upper limb
- 35. Chemical sterilant used for low temperature plasma sterilization
  - a) Silver Nitrate
  - b) Ethylene oxide
  - c) Formaldehyde
  - d) Hydrogen Peroxide
- 36. What is the dose of bolus injection lorazepam in status epileptic
  - a) 0.1mg/kg
  - b) 0.2mg/kg
  - c) 0.3mg/kg
  - d) 0.4mg/kg
- 37. Among the following, what indicates weaning intolerance from mechanical ventilation
  - a) Increase of respiratory rate 5 above baseline
  - b) 350 tidal volume
  - c) Increase of heart rate 25 above baseline
  - d) SpO2 92
- 38. The ethical principle of keeping promises is called
  - a) Veracity
  - b) Fidelity
  - c) Paternalism
  - d) Humanism
- 39. In order to prevent flexion contractures in stroke patients splint is applied in
  - a) Posterior aspect
  - b) Anterior aspect
  - c) Lateral aspect
  - d) Medial aspect
- 40. One hour after extubation, a diabetic CABG patient appears slightly lethargic. Blood gas result: pH, 7.33; PaO2, 80 mmHg; PaCo2, 50 mm Hg; Sao2, 95%; HCO3, 28 mEq/L; base excess, 0.5.Immediate nursing intervention is
  - a) Obtain a blood glucose level
  - b) Obtain a 12- lead ECG
  - c) Treat metabolic acidosis
  - d) Stimulate patient to breathe

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- 41. A patient with acute Myocardial Infarction was given Inj morphine. Which of the following is not true about the effect/side effect of the inj. Morphine?
  - a) Depression of vasomotor center
  - b) Reduced sympathetic tone
  - c) Increased heart rate
  - d) Reduced release of histamine
- 42. Which vein is the most common source of thrombi that become a Pulmonary Embolism?
  - a) Great Saphenous Vein
  - b) Ilio-Femoral vein
  - c) Popliteal
  - d) PosteriorTibial
- 43. Rationale for the use of anticoagulants in Pulmonary Embolism
  - a) Decrease blood's coagulability
  - b) Decrease the size of thrombi
  - c) Minimize migration of thrombi
  - d) Stop further growth of an established clot
- 44. Broca's aphasia refers to:
  - a) Inability to understand spoken language
  - b) Fluent, nonsensical speech
  - c) Irrelevant speech
  - d) Inability to express self
- 45. To start Dopamine infusion at 10mcg/kg/minute for a patient of 80kg, how many ml/hr is to be adjusted with dilution of 400mg in 50ml?
  - a) 4.5ml/hr
  - b) 10 ml/hr
  - c) 5 ml/hr
  - d) 6 ml/hr
- 46. In a child with suspected coarctation of aorta, the nurse would expect to find ...
  - a) strong pedal pulses
  - b) diminishing carotid pulses
  - c) normal femoral pulses
  - d) bounding pulses in the arms
- 47. Most of the children with congenital heart disease will be suffering from
  - a) Frequent respiratory infections
  - b) Bleeding tendencies
  - c) Frequent vomiting and diarrhea
  - d) Seizure disorder

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- 48. Which of the following is reversible with DC shock?
  - a) Sinus rhythm
  - b) Ventricular fibrillation
  - c) Pulseless electrical activity
  - d) Third degree heart block
- 49. Therapeutic effects of non steroidal anti-inflammatory drugs include all except :
  - a) It inhibits the synthesis of prostaglandins
  - b) It acts as an analgesics & antipyretic
  - c) It's used to treat rheumatoid arthritis
  - d) It can be along with anti coagulants
- 50. The recommended technique to test the gag reflex is
  - a) Examine the mouth and throat for excessive saliva
  - b) Touch the back of the throat with a tongue depressor
  - c) Observe the throat muscle for flaccid paralysis
  - d) Give a spoon of water for swallowing

(Signature of candidate)

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